

Mental Illness Disproportionately Impacts People in Middle and Lower Income Countries



*Photo: Robin Hammond
"Condemned", 2015*



Mental Health; *Breaking The Silence*

Dr. Mwaniki Kivwanga

Global Execution Lead, Mental Health & Special projects, Johnson & Johnson Global Public Health

FAMSA 32nd General Assembly

Ibadan City, Nigeria, November 18th -24th, 2018

Snapshot on MH Health: What is the implication of ignoring the burden?

1 in 4 affected worldwide (in their life time)

\$16T healthcare costs

75% <24 years of age- A burden for our youth

32% global treatment gap, 80% in LMICs

10-20 Years of potential life lost

Mental illness contributes to significant costs and impairments in quality of life

Diagnosis and treatment gaps persist in LMICs, particularly among youth

Mental illness disproportionately impacts people in low-middle income countries

3/4 of people

suffering from mental illness live in low- and middle-income countries.



**Fewer than
1 in 50 people**

with severe mental disorders in these countries receive evidence-based treatment.



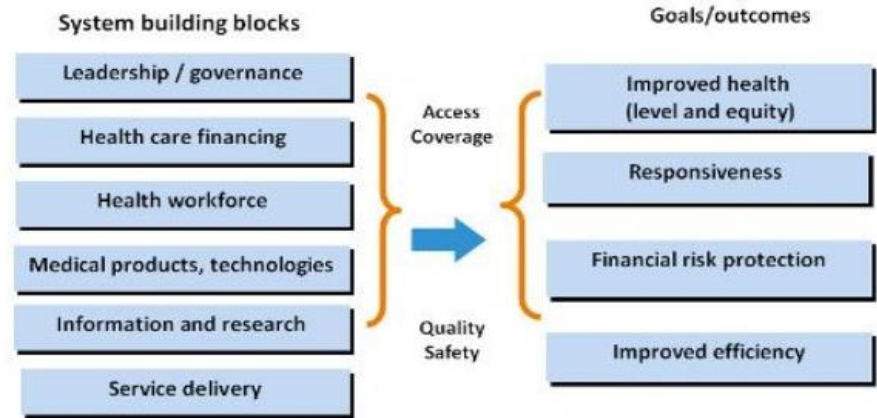
Less than 1% of
healthcare budget is
dedicated to mental
healthcare



Building the infrastructure for MH care: **We cannot break the silence in a care 'vacuum'**

1. Leadership/governance commitment
2. Policies & Strategies
3. Financing
3. Human Resources
4. Infrastructure of care- Health Facility & Beyond
5. Medical & related Supplies +Equipment
6. Referral systems
9. Data: Records & HMIS
10. Client-Provider Interaction (Quality of care)

The WHO Health Systems Framework

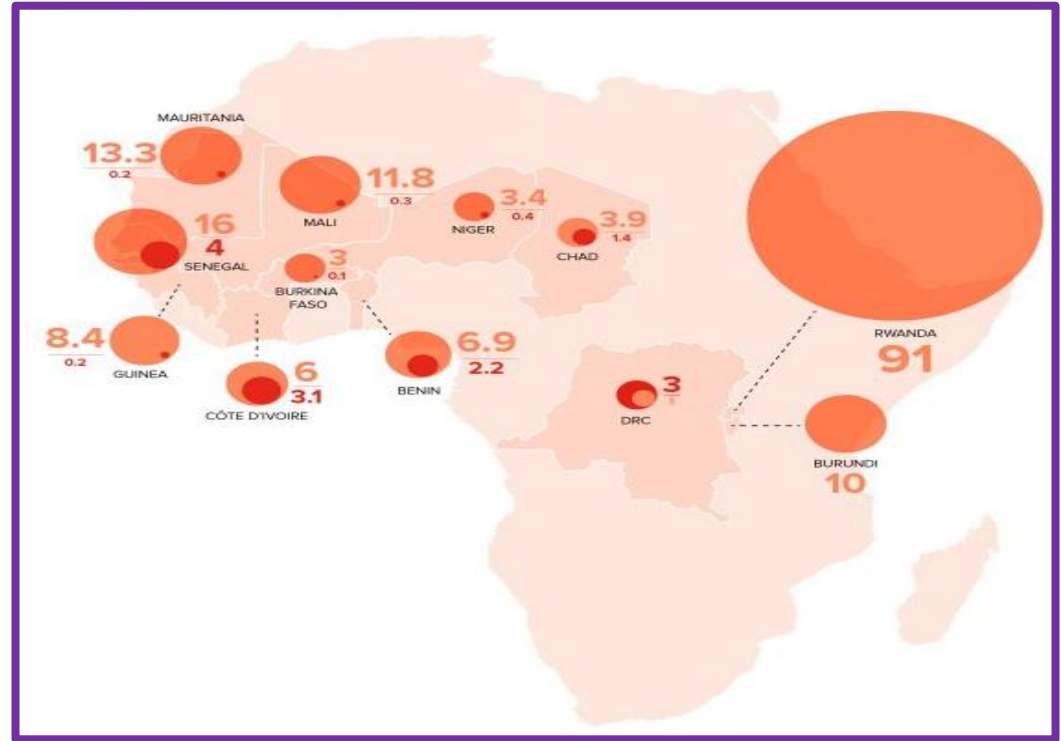


WHO MH Action Plan (2013-2020): Swimming or Treading?

Target	Goal	Achievement
1.1	80% of countries (member) with Policy	104/177 member states have updated policies
1.2	50% of countries with updated laws	94/177 Member states-updated legislation
2.0	Increase service coverage by 20%	<ul style="list-style-type: none"> Unclear (<50% with reimbursement by national insurance cover) Health Insurance coverage rate <10%* in most of SSA
3.1	Prevention & promotion	Unclear
3.2	Reduce suicide rates by 10%	Unclear
4.0	80% of countries reporting on MH indicators-routine HMIS & Implementation research on MH	Unclear

Financing Mental Health Services: Out of pocket not sustainable

- Financing MH services will continue to be challenging
>70% out of pocket payment
- Raising Health Insurance Coverage vital to sustainable financing-towards UHC
- Mixed models of insurance including community based schemes (CBHI) could be useful
- Laws against insurance discriminating against persons with chronic disorders (MH) equally vital



<https://ideas4development.org/en/expanding-health-insurance/>

Accelerate the momentum: From '**Silence**' to making MH a public health policy priority

Solid Government Commitment/Leadership



Elevate the patient

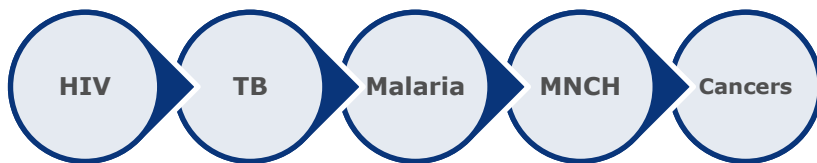
- Voice of those with lived experience in every policy setting
- Advocacy and agitation for rights



Re-think MH financing-Global, Regional & National

- Journey from policy to implementation will need consistent funding of MH programs
- Funding for innovation and research

Unlock **potential-Link with broad based established programs- think health systems & integrate (MH overarching Morbidity)**



Partnerships

Strengthen Health Systems

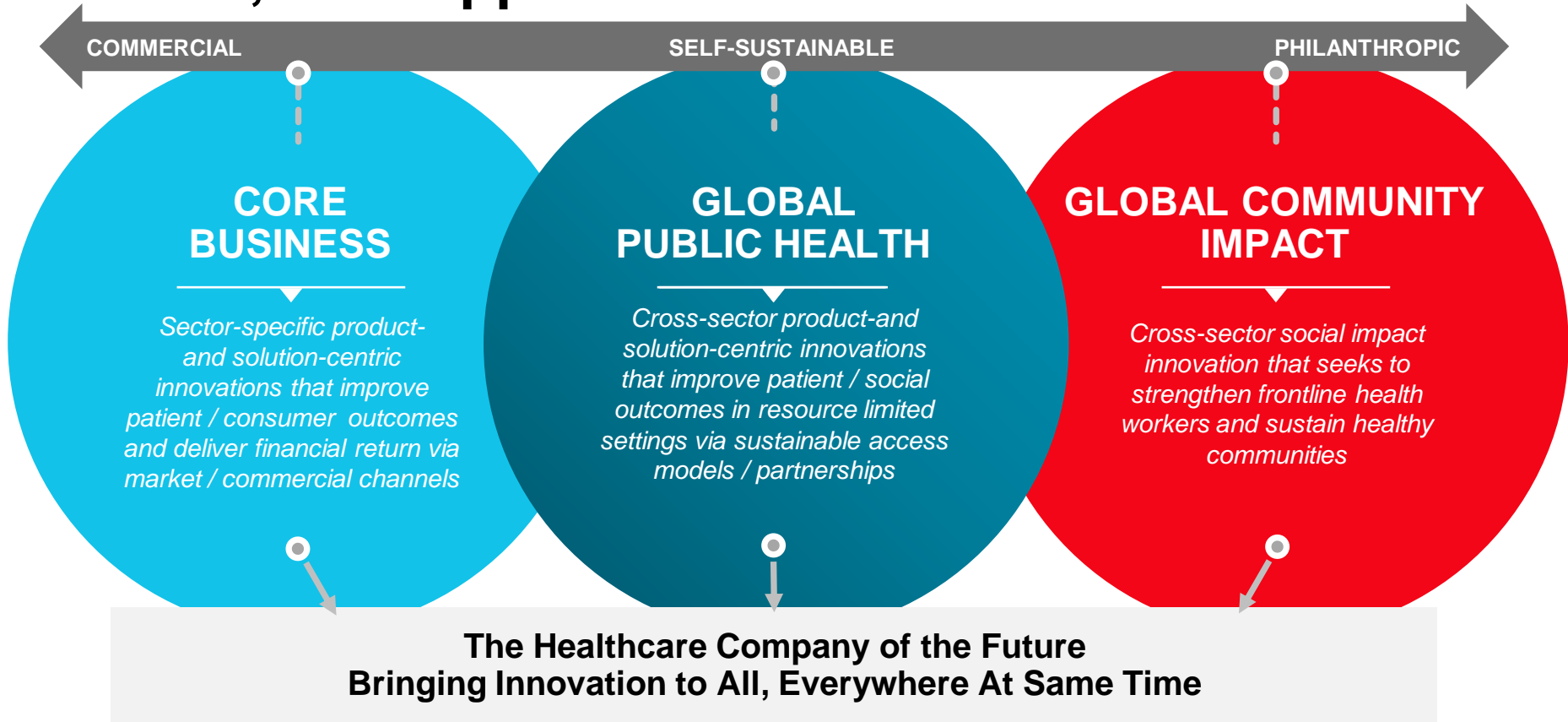
Increase Access, Improve Training-etc

Pioneer innovative Tools and Approaches

Improve Science/ Knowledge

Discover new innovative therapies

A Bold, New Approach



Focused on Addressing Serious Unmet Need

Core Focus Areas

R&D, ACCESS, PROGRAMS & OPERATIONS



**World Without
Tuberculosis**



Make HIV History

ACCESS, PROGRAMS & OPERATIONS



**Ensure access to
quality mental health
care**



**Address
soil transmitted
helminths (STH) as a
public health problem**

Other Areas of Interest & Supporting Platforms

**Vector-borne
Diseases
(Dengue, Malaria)**

**Vaccines
(Ebola, Zika,
platforms)**

**Essential Surgery
& Trauma**

Myopia



J&J's Global Public Health Opportunity



Extensive R&D pipeline with potential to address serious unmet need in resource limited settings



Mandate and commitment to make lifesaving, curing and disease preventing innovations available, affordable and accessible



First-of-its-kind global health business model to deliver sustainable innovation



BE

**SPEAK UP FOR
MENTAL HEALTH**

VOCAL